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DAVID PENDERED

GSU advancing research on impact of e-cigarettes as teen usage skyrockets

July 15, 2018, 10:25 pm / 0 Comments

By David Pendered

Researchers at Georgia State University are helping to explore the health effects and addictive nature of electronic cigarettes at a time the government is trying to curb the spiraling use of the devices among the nation's high school students and adults.

The use of e-cigarettes rose from 1.5 percent to 16 percent among high school students from 2011 to 2015. Among middle school students, the usage rate rose from 0.6 percent to 5.3 percent, according to a [report](#) by the U.S. Food and Drug Administration.

New York City was an arguable leader of the vaping trend, at least until indoor vaping was banned in 2017. Credit: hookedsober.com

At GSU, one recently concluded year-long study determined that smokers who shifted to e-cigarettes were no more likely to quit smoking than smokers who didn't use the devices, also known as ENDS, for electronic nicotine delivery systems, according to a [statement](#):

- "Absent any meaningful changes, ENDS use among adult smokers is unlikely to be a sufficient solution to obtaining a meaningful increase in population quit rates," the authors wrote in a newly released article in the journal PLOS ONE. "We observed no instance where ENDS users were more likely to quit (smoking cigarettes) than non-ENDS users."

The second study has just been funded with a \$1.4 million grant from the National Institutes of Health. The lead is GSU economist Michael Pesko, who's to be joined by partners from Cornell University, Temple University, the University of Kentucky and the University of Pennsylvania.

The project has four primary goals, according to a statement:

- Study the effects on sales of regulations on pricing and access;
- Evaluate the public perception of the safety of e-cigarettes;
- The effect of e-cigarette regulations on cigarettes, cigars and smokeless tobacco;
- The effect of e-cig regulations on sales of traditional nicotine replacement therapies, including gum and patches.

The lead author of the completed study, Scott Weaver, an assistant professor of epidemiology and biostatistics, said the devices don't do enough to offset the pleasure that smokers get from nicotine.

"Many smokers are using ENDS in their smoking quit attempts, but these devices may not be providing a sufficiently satisfying nicotine delivery and overall user experience to completely supplant their smoking," Weaver said.

An online provider of ENDS mirrors Weaver's observations in its [advertising material](#):

- "The trick to quitting smoking with e-cigarettes is to do things slowly. I found the faster I tried to quit, the worse my attempt was. The third time I quit with e-cigarettes, I only

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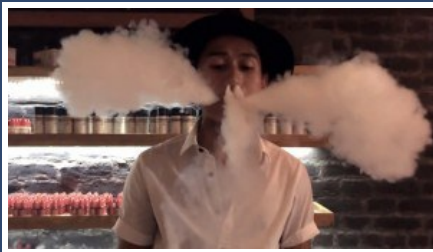
By Kristi Fuller, MSW, Georgia Health Policy



spent three or four weeks on the various strengths before sliding down to the next one. Within five months I had gone from smoking to zero strength, and **within three more months, I was back to smoking.**"

As one comment on the page observed:

- "I've been vaping now for about 2 weeks. I did slip back to smoking regular tobacco for a couple of days, but now I'm committed, and of course I know that it's well worth knocking the habit, as it's a nasty one that only robs you from your health. So I am hitting the vape hard this afternoon in faith that if I don't light up today I can resist the urge to light on tomorrow as well as after that."



Blowing big clouds is part of the culture of vaping, as seen in this snapshot from behind of the scenes of the X Games. File/Credit: mashable.com

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David Pendered, Managing Editor, is an Atlanta journalist with more than 30 years experience reporting on the region's urban affairs, from Atlanta City Hall to the state Capitol. Since 2008, he has written for print and digital publications, and advised on media and governmental affairs. Previously, he spent more than 26 years with The Atlanta Journal-Constitution and won awards for his coverage of schools and urban development. David graduated from North Carolina State University and was a Western Knight Center Fellow. David was born in Pennsylvania, grew up in North Carolina and is married to a fifth-generation Atlantan.

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By: Stacy Patton and Bill Halter, ULI Atlanta Awards Committee Co-Chairs Each year, a group of dedic...

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Tpmmi So sad really..it breaks m heart..my second patria..i am from Greece.. –

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Paula Whatley Matabane

Thank you for a wonderful walk back into time seamlessly tied into today's events. We needed your thoughtful and humane comments for peace anc world... –

On: [A special time for France – and for all who long for global harmony](#)

Nisa Sommers Well deserved! Congratulations Maria! –

On: [Photo Pick: Atlanta Hero, Maria Saporta! Photo by Amy Wenk](#)

Dank Me Local weed dealer makes news... a felon as well. –

On: [“God, guns and ganja,” a Q & A with the owner of Atlanta’s “Pot Shop”](#)

Michael McIntyre 50% of our state’s population resides in Metro Atlanta. 75% of the state’s GDP is generated from within metro Atlanta. 50% of our tax revenue... –

On: [State cash for metro transit? Some GOP candidates more on board than others](#)

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MARIA’S METRO



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July 16, 2018 - 2:42 pm



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July 9, 2018 - 11:05 pm



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July 1, 2018 - 11:37 pm

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TOM BAXTER



The race to be “craziest” enters its final lap — but are voters still interested?
July 16, 2018 - 5:52 pm



Pruitt’s departure leaves an administration still in love with oil, gas and coal
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The next civil war won’t be like “Gone With the Wind”
July 2, 2018 - 5:07 pm

LYLE HARRIS

WABE



Four civic giants work to improve Metro Atlanta education
January 3, 2017 - 5:01 pm



Commentary: New YMCA should preserve Westside history
December 12, 2016 - 9:14 pm



Commentary: Turner’s legacy in Atlanta won’t be forgotten
December 8, 2016 - 9:39 am

ATL BUSINESS CHRONICLE

Column: Georgia Power’s Paul

passage to spawning grounds
July 16, 2018 - 5:34 pm



GSU advancing research on impact of e-cigarettes as teen usage skyrockets
July 15, 2018 - 10:25 pm



Persistent rains end drought in Georgia, as farmers say too much has harmed crops
July 12, 2018 - 5:08 pm



Southside Aerotropolis development's transit study takes flight
June 25, 2018 - 8:34 pm



"God, guns and ganja," a Q & A with the owner of Atlanta's "Pot Shop"
June 4, 2018 - 7:03 pm



Modernizing transit is an economic must-do for the U.S./metro Atlanta
May 21, 2018 - 7:30 pm



Bowers to receive 2018 Four Pillar award
May 31, 2018 - 2:25 pm



Column: Alie Redd takes helm of Covenant House of Georgia
May 31, 2018 - 2:19 pm



Jeff Parker: 'It's really the time and place for MARTA'
May 31, 2018 - 2:10 pm

JAMIL'S GEORGIA



Farewell column
January 8, 2018 - 6:59 pm



A radical southern woman
December 18, 2017 - 8:21 pm



Camp Toccoa and the histories that give us a "sense of place"
December 4, 2017 - 4:51 pm

ELEANOR RINGEL CATER



'Three Identical Strangers' - movie tracks triplets separated at birth
July 15, 2018 - 8:26 pm



'Sicario: Day of the Soldado' - sequel missing presence of actress Emily Blunt
July 8, 2018 - 6:55 pm



'Hearts Beat Loud' - a minor miracle of a movie about a father-daughter musical duo
July 2, 2018 - 1:49 pm

SEEN IN ATLANTA



Cartoons by Kelly Jordan
July 16, 2018 - 2:26 pm



"Downtown Decatur" by Kelly Jordan
July 9, 2018 - 2:22 pm



"Red, White and Blue" by Kelly Jordan
July 2, 2018 - 12:26 pm

PHOTO PICKS



Photo Pick: Atlanta Hero, Maria Saporta! Photo by Amy Wenk
July 9, 2018 - 3:27 pm



Photo Pick: Maria Saporta receives the inaugural "Atlanta Hero Award" from Rotary International by David Saporta Luse
July 9, 2018 - 2:44 pm



Photo Pick: The King Center's 50th by John R. Nangle
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STORIES OF ATLANTA BY LANCE



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Turning defeat into victory
July 1, 2018 - 11:44 pm

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