Who Still Smokes? Designing the Tobacco End Game



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Strategies 24 Feb 2017

This lecture will cover

- 1. Who still smokes
- 2. Obstacles to tobacco control
- 3. End game scenarios/targets
- 4. How to achieve the Endgame
- 5. Focus on what works best
- 6. Lesson learned



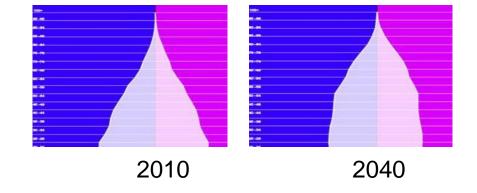
1. Who still smokes?

Tobacco pandemic increasing

- More people in world 7b->9b in 2040
- More people living longer

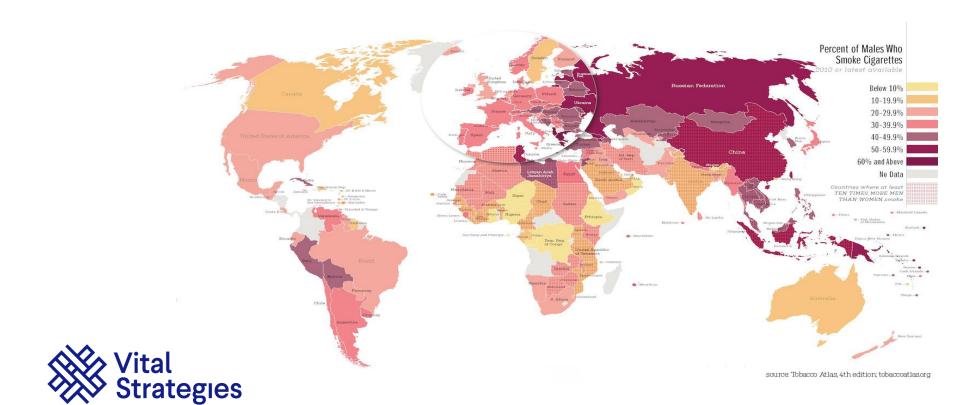
Even if prevalence reduced, more:

- Smokers
- Disease and deaths
- Burden on health systems
- Jobs for farmers, manufacturors
- Tax for governments
- Profits for tobacco industry





Male smoking prevalence

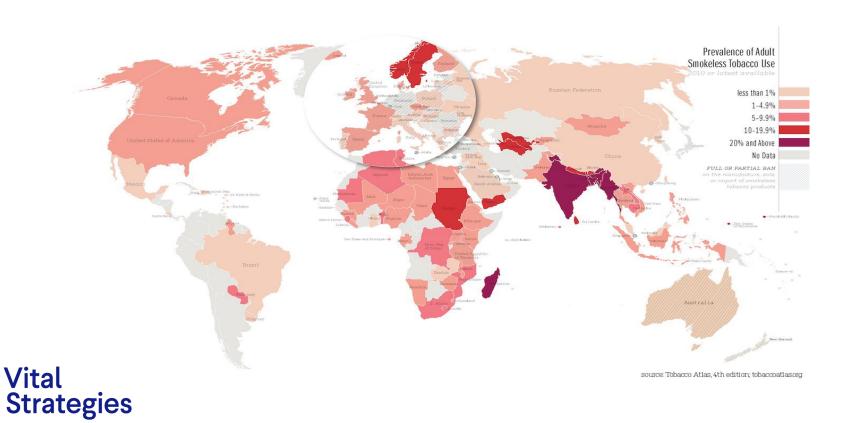


Female smoking prevalence





Smokeless tobacco



Riskiest youth

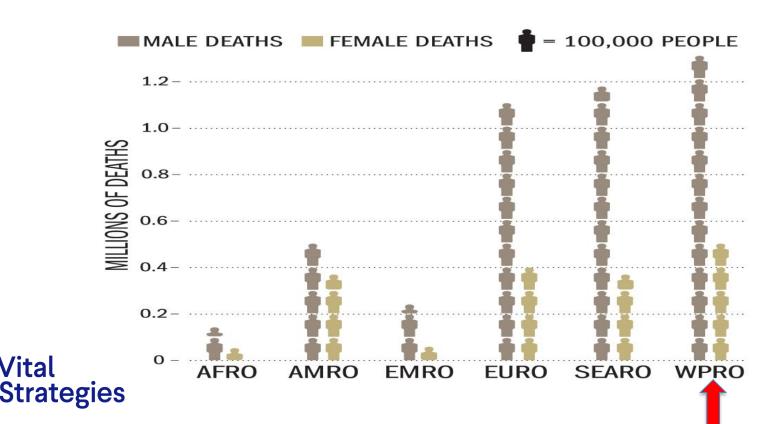


Health knowledge almost the same between smokers and nonsmokers (or those to become so)... the main difference is whether youth think it is:

- a) cool or
- b) a dirty, dangerous and expensive habit
- Boys more than girls
- Less intelligent, less educated, lowest socio-economic class
- Youth whose parents smoke
- Experimenters of just ONE cigarette (delayed 3 years)

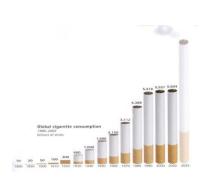


Smoking-Related Deaths by Region, 2010



Has tobacco control failed?

The tobacco epidemic increases in spite of:



- Centuries of knowledgeDecades of research
- Action, progress in policy & public awareness
- Multiple World Health Assembly resolutions
- 16 World Conferences since 1967
- Many regional, national, sub-national meetings
- Regional action plans
- WHO FCTC (2005)
 UN High Level Meeting Summit on NCD (2011)



2. Obstacles to tobacco control



Obstacles to tobacco control similar globally



- Lack of awareness of harm.
- 2. Reluctance to intervene with "personal behaviour"
- 3. Preoccupation with other (health) issues
- 4. Misperceived economic concerns
- No understanding of environmental consequences
- 6. Focus on curative medicine, not prevention
- 7. Lack of funds for research and intervention
- 8. Lack involvement by health professionals
- Tobacco industry opposition: promotion, distortion of health and economic evidence, financial might, challenge/threats to governments; front groups



Global forms of Tobacco Industry Interference













1

Manoeuvering to hijack the political and legislative process

2.

Exaggerating the economic importance of the industry

3

Manipulating public opinion to gain the appearance of respectability

4.

Fabricating support through front groups

5.

Discrediting proven science and economic evidence

6.

Intimidating governments with litigation or the threat of litigation, or trade threats

1. Hijack political process







the economic importance of the industry



Manipulating public opinion to gain the appearance of respectability



Fabricating support through front groups



proven science and economic evidence



Intimidating governments with litigation or the threat of litigation, or trade threats



Examples worldwide

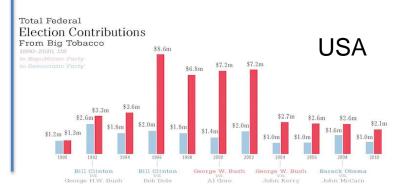


Pan-Africa: "The Secret bribes of Big Tobacco" BBC, 2015





EU: 80 TI lobbyists; health 5



2. Mis-economics



Manoeuvering to hijack the political and legislative process



the economic importance of the industry



Manipulating public opinion to gain the appearance of respectability



Fabricating support through front groups



proven science and economic evidence



Intimidating governments with litigation or the threat of litigation, or trade threats





Economic benefits: Africa

Malawi

In the early 1990s, a tobacco company consultant published a jew articles criticizing conomic benefits of economic benefits of

"Industry: the list of economic who owned a long one that "the list of economic tobacco is a long one. Tobacco-related deaths and illnesses are primarily problems of affluent societies." Philip Morris distributed thousands of copies of the journal.



But ask: Is Malawi wealthy?

3. CSR







the economic importance of the industry



Manipulating public opinion to gain the appearance of respectability



Fabricating support through front groups



proven science and economic evidence



Intimidating governments with litigation or the threat of litigation, or trade threats



TI: Image management



Imperial Tobacco

"Recent attempts by large tobacco companies to represent themselves as socially responsible have been widely dismissed as image management."

Gary Fooks et al., University of Bath, UK, 2011



China: Sponsor schools

China National Tobacco Corporation has sponsored at least 69 elementary schools and thousands of students are exposed daily to pro-tobacco propaganda, names and messages.

School signage reads

"Genius comes from hard work Tobacco helps you be successful"

China

China National Tobacco Corporation has sponsored at least 69 elementary schools, and thousands of students are exposed daily to pro-tobacco propaganda, names, and messages. School signage reads: "Genius comes from hard work / Tobacco helps you to be successful."



Liaise with universities, women's groups, Chambers of Commerce, 2016







Meet Victoria Chua, Public Affairs Manager at Philip Morris Asia Limited/Italian Chamber of Commerce

FUND CHARITIES

US charitable contributions from Altria, 47.2 US\$ millions, 2013

- Education
- Arts and culture
- Civic
- Employee programmes
- Environment
- Humanitarian aid
- Military Service support

CATEGORY/ PROGRAM	TOTAL AMOUNT	NUMBER OF GIFTS	AVERAGE GIFT PER ORG	FACT
MIDDLE SCHOOL EDUCATION AND SUPPORT (E.G. SUCCESS 360°)	\$25.40	78	\$0.33	78 different educational institutions and programs received funding
ARTS AND CULTURE	\$4.40	28	\$0.16	The Smithsonian Institution received funding
CIVIC	\$2.00	44	\$0.05	Two donations were to healthcare organizations
EMPLOYEE PROGRAMS	\$4.40	89	\$0.05	88 different organizations received funding through employee programs
ENVIRONMENT	\$2.80	15	\$0.19	Six charities in Virginia, a top tobacco-growing state, received funding
HUMANITARIAN AID AND MILITARY SERVICE SUPPORT	\$1.60	13	\$0.12	The American Red Cross and its Virginia chapter received funding
BUSINESS- DIRECTED GIVING	\$4.30	390	\$0.01	The Texas Conservative Coalition Research Institute received funding
IN-KIND GIVING	\$1.20	24	\$0.05	485 charitable events received wine donated by Ste. Michelle Wine Estates, of which Altria is the parent company
REGIONAL GIVING	\$1.10	115	\$0.01	6 chapters of the Boys & Girls Club received funding
TOTALS, IN MILLIONS	\$47.20	796	\$0.97	



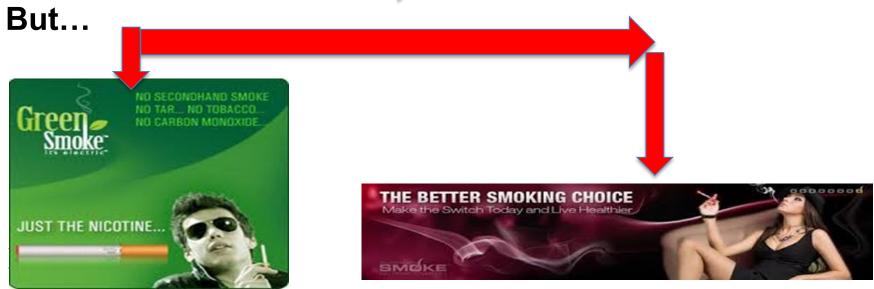




CSR New forms with new products

PMI: "We've developed breakthrough products for smokers..."





4. Front groups



legislative

process







Manipulating public opinion to gain the appearance of respectability



Fabricating support through front groups



proven science and economic evidence



Intimidating governments with litigation or the threat of litigation, or trade threats



Industry-linked front groups













TI-funded groups active globally







30 June - 2 July 2015



Chairman of the Delegation to the EU-Russia Parliamentary Cooperation Committee

Deputy Head, Expert Dept., RF Government Analytical Center

Ruslan Dalenov Minister of Finance blic of Kazakhstan

Brussels, Belgium

- Australian Taxation Office
- . Dr. Sijbren Cnossen, University of Pretoria; Erasmus University Rotterdam; and University of Maastricht
- Mr. Dave Hartnett, Former Permanent Secretary, Her Majesty's Revenue and Customs, United Kingdom

Key Issues to be Discussed

Regional Trade Blocs in a Global Economy: minimizing conflict and polarization in a world of competing trade blocs; coexistence between the EU and the Eurasian Economic Union; the tax and trade nexus in economic policy making

Indirect Tax Coordination: the challenges of cross-border coordination within the EEC and between the EEC and neighboring countries on indirect tax issues such as VAT and







5. Discredit science, economics







the economic importance of the industry



Manipulating public opinion to gain the appearance of respectability



Fabricating support through front groups



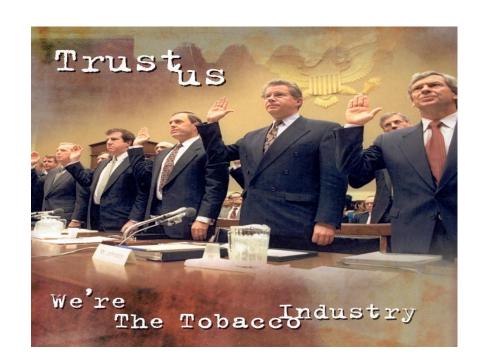
proven science and economic evidence



Intimidating governments with litigation or the threat of litigation, or trade threats



Paid to lie... "Nicotine is not addictive"







Economic myths



Tobacco industry says	Health economists say
Tobacco control will lead to job and business losses for farmers, factory workers, retailers, the hospitality industry and other businesses, and governments	NOT TRUE
The creation of smoke-free areas will cause loss of income for restaurant owners.	NOT TRUE
TAPS bans will severely affect the advertising industry	NOT TRUE
Increasing tobacco taxes will harm the poor and increase illicit trade	NOT TRUE



these mistaken economic arguments are the major obstacle to tobacco control.

6. Litigation, trade threats







the economic importance of the industry



Manipulating public opinion to gain the appearance of respectability



Fabricating support through front groups



proven science and economic evidence



Intimidating governments with litigation or the threat of litigation, or trade threats



Legal challenges





"We will continue to use all necessary resources... and where necessary litigation, to actively challenge unreasonable regulatory proposals."



.....Louis Camilleri, Chairperson and CEO, Philip Morris International, 2010

Yet, industry challenges dismissed



...by High Courts, Constitutional Courts, and Courts of Justices e.g.

Australia, UK, France, the European Union, South Africa, Thailand, Uruguay...



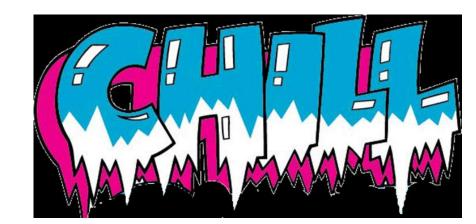


Costs of trade challenges

- Typical cost to govts: US\$3-8 million
- As high as over US\$ 50 million
- Regulatory chill effect, even <u>if rarely</u>

successful





LEGAL CHALLENGES and TRADE THREATS TO TOBACCO CONTROL

2015 Bloomberg/Gates announced USD4m fund to support countries against trade threats TOBACCO WHOLESALERS. and the second second



2012-2014 PERU

The Specialized Constitutional Court of Lima rejected the RRITISH

AMERICAN TOBACCO Peru case against Congress, which challenged a ban on packages of less than 10 cigarettes The Court observed that the WHO PCTC is a human rights treaty that ratifies the idea that economic freedoms should be limited in order to protect economic and social rights.

from implementing a ban on additives and flavorings arguing that ANVISA lacked legal authority and the rule was not supported by scientific evidence

successful.

URUGUAY After several tobacco control laws, affiliates of PHILLIP MORRIS

INTERNATIONAL challenged two additional regulations in 2009, including 80% graphic health warnings, as a violation of a bilateral investment treaty between Switzerland and Uruguay They also challenged and lost in the domestic courts

The Constitutional Court multi-million-euro lobbying dismissed an appeal by commoint to weaken the BRITISH AMERICAN Tobacco Products Directive which was only marginally

TOBACCO over suing the Minister of Health claiming that the Tobacco Products Control Act was unconstitutional. This case involved person-tonerson marketing techniques prohibited under a TAPS ban. The Court found that the hazards of smoking far outweigh the interests of smokers, and that South Africa is obliged to observe the WHO FOTO

which had challenged a ban on selling of tobacco products within 100 yards of any educational institution. Many cases have been brought against gut kha. The Court of the State of Bhar dismissed a challenge by DISTRIBUTOR Sto the ban on sutkha or pan masala containing tobacco.

> SRI LAHKA The Court of Appeal denied CEYLON TOBACCO. COMPANY'S request to delay 80% graphic pictorial health warnings. but the court also ordered

a reduction in the size of

of the pack

the warnings to 50%-60%

MANUFACTURERS to stop the Minister

TOBACCO

of Public Health from

packet warnings was

The Court accepted some

challenges, but rejected a

constitutional challenge by

Indonesian tobacco farmers

and industry workers to

Indonesia's Health law.

ultimately denied.

THROHESIA

D DRUG ADMINISTRATION ADE ORGANIZATION IDVERTISING , PROMOTION SORSHIP

PHILIPPIHES Various legal cases regarding jurisdiction implementing larger-sized over tobacco regulations, including graphic health warnings, TAPS bans and smoking bans are ongoing

> AUSTRALIA The Australian government is lighting challenges to its Tobacco Plain Packaging Act. One challenge is from PHILIP MORRIS ASIA using a bilateral investment treaty between Australia and Hong Kong. The other challenge is from several countries using the World Trade Organization.

3. Endgame, targets



I asked one of HK's 100 top businesspeople about targets...

incredulous

- He was <u>incredulous</u> that tobacco control has only recently developed targets.
- He said "<u>Every aspect of</u> our company operations are forecast."



Why no tobacco targets up to now?

- Targets have been confined to process targets getting a law passed, a tax increase, not prevalence targets.
- Governments don't like targets in case they don't reach them.
- Many health targets were impossible from the start, such as:
 - 1955 Global Malaria Eradication Programme;
 - 1998 Roll Back Malaria.
 - 1971 US War on Cancer eliminate deaths by 2015.
 - 2001 Global Plan to End TB by 2016-2020.
 - 2014 UK Eliminate cancer deaths < 80 yrs by 2050…?</p>





Announced targets

Country	Target date	Target smoking prevalence	Whose target?
New Zealand	2025	5%	Government
Ireland	2025	5%	Government
Scotland	2034	5%	Government
Finland	2040	5%	Government
Malaysia	2025	15%	Government
	2045	5%	
UK			Government pending
Canada	2035	5%	NGO
Australia	2018	10%	Federal government
Japan	?	12%	Government
Singapore	2018	SF millennium generation	NGO
Pacific Islands	2025	<5%	WHO
HK	2022	5%	NGO

Principles: NZ SF by 2025





This will mean that:

- Our children and grandchildren will be free from tobacco and enjoy tobacco free lives.
- Almost no-one will smoke (<5% prevalence).
- It will be very difficult to sell or supply tobacco.

It will be achieved by:

- Protecting children from exposure to tobacco marketing and promotion.
- Reducing the supply of, and demand for, tobacco.
- Providing the best possible support for quitting.









Responsibility and accountability for the goal should be shared between:

- Government
- The health services
- The tobacco control sector
- Communities



Structural choice: Raises questions for governments to decide:



 Single agency responsibility (in bureaucracy)

or



 Cross-agency responsibility (across bureaucracy).



Announce interim goals



- Interim goals for current smoking are vital to monitor progress and focus efforts.
- Targets should be set for prevalence and for successful quit rates, e.g. in NZ, to reach prevalence rates below 5% by 2025, over 40,000 smokers need to quit successfully every year and no new smokers start.
- Failure to meet goals should result in more rigorous policies.



Identify specific goals, e.g. for NZ



- Plain packs by 2013.
- Smoke-free NZ/SF cars.
- Mandatory Registration all Tobacco Retailers.
- Specified Annual Tax increases.
- Govt publish guidelines for FCTC Art 5.3.
- Cessation support.
- Resourcing.
- Improved and wider availability of new quitting devices including NRT, pharmacotherapies.
- Tobacco Product Modification.
- Regulated use of high quality and effective e-cigarettes.
- Banning of duty free sales.
- Restrictions on the supply of tobacco products.





Singapore: 3 Endgame Strategies





Suggests combining 3 approaches into an integrated endgame strategy:

- 1. Harm reduction
- 2. The tobacco-free generation proposal (born post-2000).
- 3. Further implementation of WHO Framework Convention for Tobacco Control.

Scotland Endgame 5% by 2034 Government 5-year plan



- 1. Introduction
- Targets for Tobacco-Free Scotland
- 3. Smoking and Health Inequalities
- 4. PREVENTION creating an environment where young people do not want to smoke
- 5. PROTECTION protecting people from SHS
- 6. CESSATION helping people quit smoking
- 7. Monitoring and evaluation
- 3. Summary of Actions (46 such actions)



Note of caution re 5% target



- Tobacco is the world's leading cause of preventable premature death and is likely to remain so for decades to come.
- Thus, for many low and middle-income countries the 5% endgame scenario lies in the distant future.
- The industry will argue the proposed strategies could create large black markets, corruption, high illegal earnings, violence and/or organised crime.
- There may/will be challenges under global trade and investment laws, or under constitutional freedom issues.



SDG/WHO target



A 30% relative reduction in prevalence of current tobacco use in persons aged 15+ by 2025 from 2010

BUT at present rate of progress:

- Only 1/3 will meet target
- Final reduction will be 18% not 30%





4. How to achieve the Endgame

More of the same

OR

New ideas?

Tobacco endgame. Dr Margaret Chan, WHO DG, 2013





- 1. **Be very precise in your definition** of what is meant by a tobacco endgame. We learned the importance of doing so when global goals were set for disease eradication or elimination. Progress towards any ambitious goal needs to be measured convincingly. Precise definitions help.
- 2. Anchor endgame strategies in impeccable science. Arguments for taking action need this water-tight support. Experience tells us that industry will challenge the science, distort the findings, or fund its own studies with a predictable bias. An impeccable scientific foundation is the best defence.
- 3. Back up goals and strategies with solid feasibility studies. This is another lesson from the eradication experience. Governments need to know what commitment to an ambitious goal really means in practical terms and what the likely pay-backs will be, for economies as well as societies. Good feasibility studies build confidence, and confidence inspires commitment.



Tobacco endgame Dr Margaret Chan, WHO DG, 2013





- 4. Recognize the diversity of factors that drive the tobacco epidemic in different economic and cultural contexts. These contexts also create their own unique barriers to success. A diversity of endgame strategies, as opposed to a single global strategy, might be needed to accommodate these different contexts. Provision of a menu of strategic and policy options might be another wise way forward.
- **5.** Be realistic. Your scientific programmes will consider how the drive for sustainable development and concern about NCDs can bolster support for tobacco endgames. Doing so is promising, yet also faces some challenges. Concern about NCDs creates a receptive environment for tobacco endgames. Time and time again, ministers of health from the developing world have told me that prevention of NCDs must be the cornerstone of their response. The costs and demands of chronic and acute care are beyond their reach. Prevention is the best option.

Dr Chan summary: full implementation of the WHO Framework Convention on Tobacco Control would deal the greatest single preventive blow to all of these diseases.



Continue more of the same: accelerate proven strategies



- Last 50 years: many remarkable changes, e.g.:
- Bans on most tobacco advertising
- Smoke-free public and workplace laws
- Graphic pack warnings >100 countries
- Plain packaging initiated in Australia



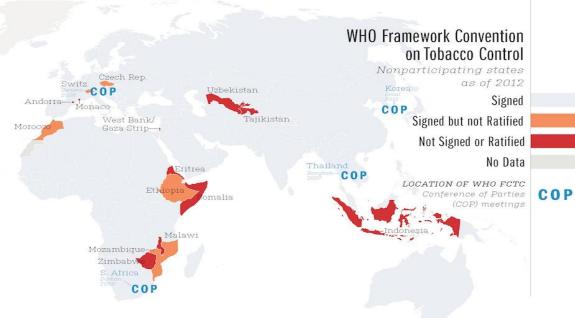
 Full implementation of WHO FCTC is capable of reducing tobacco use far below current levels.

IMPLEMENT









source: Tobacco Atlas, 4th edition; tobaccoatlasor

Vital Strategies

180 countries ratified



A powerful tool – the WHO FCTC uses international law for public health

Main provisions of the WHO FCTC

Regulation of:

- contents, packaging and labelling of tobacco produce
- · prohibition of sales to and by minors
- illicit trade in tobacco products
- smoking in work and public places

Reduction in consumer demand by:

- price and tax measures
- · comprehensive ban on tobacco advertising, promotion and sponsorship
- · education, training, raising public awareness and assistance with quitting

Protection of the environment and the health of tobacco workers

Support for economically viable alternative activities

Research, surveillance and exchange of information

Support for legislative action to deal with liability

WPRO still only region with 100% ratification

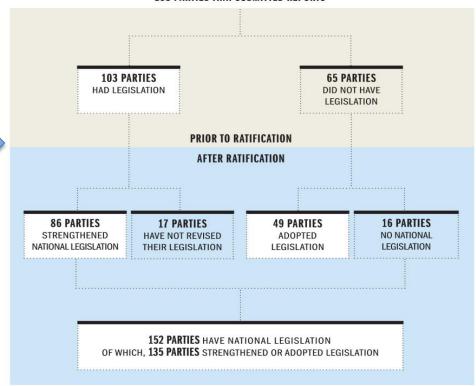
Before and after FCTC



168 PARTIES THAT SUBMITTED REPORTS

103

152



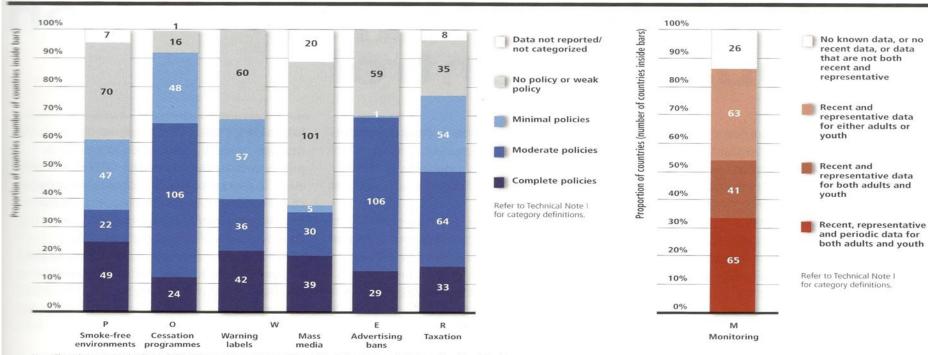
American Cancer Society®

WORLD LUNG

Source: tobaccoatlas.org

But, ways to go...

THE STATE OF SELECTED TOBACCO CONTROL POLICIES IN THE WORLD, 2014



Note: The tobacco control policies depicted here correspond to the highest level of achievement at the national level; for the definitions of these highest categories, refer to Technical Note I.

New administrative measures



"The continuing scourge of tobacco-produced disease is unlikely to yield to today's evidence-based interventions." Kenneth Warner, USA

- ► Endgame mechanisms:
- Harm reduction.
- Require reduction of nicotine to non-addicting levels.
- Prohibit possession of tobacco products by all individuals born 2000+
- Remove profit incentive from selling tobacco products.
- Impose 'sinking lid' on the supply of tobacco (decreasing quotas on sales/ imports).
- Outright abolition of commercial tobacco product manufacture and sale.
- Supply side options, eg alternative farming.
- Framing tobacco as development issue.
- Greater use of IT, following mobile quitting apps.



Either way – tax and cessation





- The right regulatory framework has yet to be decided, and may differ from country to country.
- To reduce consumption among already-users, need to put much greater and immediate emphasis on:
 - 1. Price policies
 - 2. Cessation

5. Focus on what works best

Effect of meeting targets 2007-2010 on smokers & smoking-attributable deaths, by policy

Rank	M P O W E R	Policy in 41 countries	No smokers. Millions	Reduction in no. smokers. Millions	Reduction in SADS. Millions
1	R	Taxes (75%)	62	7	3.5
2	Р	Smoke-free	85	5	2.5
3	W	Warnings	100	1.4	0.7
4	0	Cessation	30	0.8	0.4
5	Е	Marketing bans	9	0.6	0.3
		Total	288	14.8	7.4

Echoed by tobacco industry "Scream test"

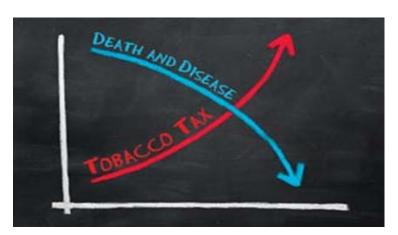


- If the industry screams, the measure will be effective:
 - Tobacco tax
 - Creating smoke-free areas
 - Bans on promotion
 - Large graphic pack warnings, and plain packaging.
- If they ignore a measure, probably useless:
 - School health education
 - Ban on sales to minors



Our research is done for us.

1. Focus on what works best: TAX



- A fiscal measure has the greatest single impact on smoking rates – simply put, raising the tobacco tax prices cigarette beyond the reach of children.
- And evidence is emerging that this is also true for alcohol.



TAX: Advocate for key actions



- Simplify tobacco tax collection
- Raise tobacco tax
- Use tobacco tax to fund tobacco control





TAX: Philippine 'Sin tax' 2013

- Tax on tobacco and alcohol
- Simplified tax structure
- Increased tobacco taxes by up to 340%
- US\$ 1.6 billion revenues generated 2013
- 85% earmarked as public health measure to fund an insurance Universal Health Care Programme, and smoking prevention

2. Smoke-free: Frame arguments for SF restaurants, bars

Hong Kong

\$

Frame:

-Economic benefit

-Worker protection

Hong Kong
Restaurant
Tax Receipts

Before ban and 2 years later:

个 31%







3. Large, rotating graphic pack warnings

Smoking (Public Health Ordinance 2006)



GPW ~ 100 countries





吸煙足以致命



吸煙可引致<mark>陽萎</mark>

焦油: 臺克 尼古丁: 臺克

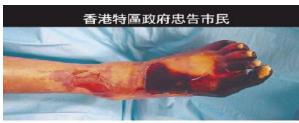


吸煙禍及家人

焦油: 亳克 尼古丁: 亳克 香港特區政府忠告市民

吸煙引致肺癌

焦油: 毫克 尼古丁: 毫克



吸煙引致末梢血管疾病

及注:万式不用血自沃加



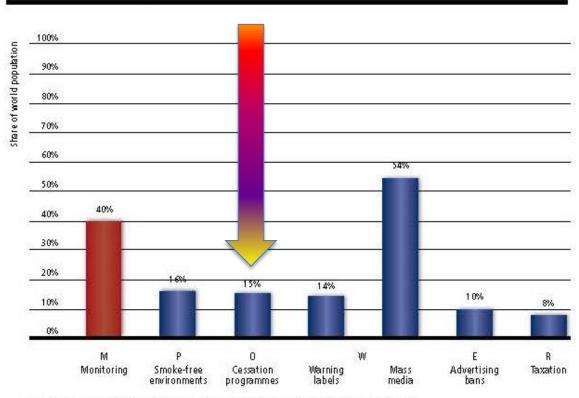
吸煙可加速皮膚老化

毫克 尼古丁:

4. Cessation

SHARE OF THE WORLD POPULATION COVERED BY SELECTED TOBACCO CONTROL POLICIES, 2012

Human face of government, helping smokers





Note: The tobacco control policies depicted here correspond to the highest level of achievement at the national level; for the definitions of these highest categories refer to Technical Note I.

5. TAPS Ban (Tobacco Ad, Promo, Sponsorship)

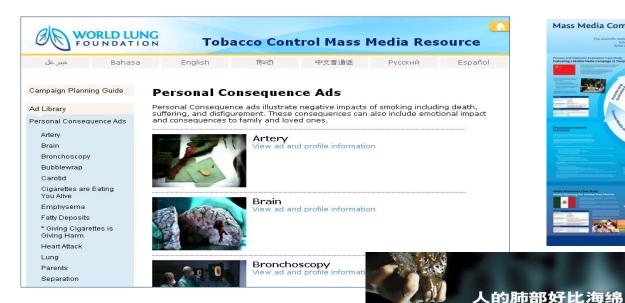








Use established Advocacy tools: Mass Media Resource Centre





吸烟者的肺就像蘸满了焦油的海绵

戒烟不容易。但是对你和你的家人。戒烟很重要



Introduce alternative crops



- Tobacco farming is NOT a lucrative cash crop
- Tobacco farming is labour-intensive with serious negative environmental, health and social impacts, eg
 - green tobacco sickness (GTS)
 - exposure to agrochemicals
 - respiratory diseases
 - food insecurity due to displacement of food crops.
- Develop sustainable alternatives to tobacco farming

e.g. Yunnan China: 458 farming households' annual income increased 21-110% per acre in 4 years



Identify funding

- HALF OF ALL FUNDING from high to low income countries to fund tobacco use comes from two donors:
- Bloomberg Philanthropies
- Bill and Melinda Gates Foundation
- Also International Tobacco Control (ITC) Policy Evaluation Project, CDCF (GATS, GYTS studies)
- BUT Government funding remains woefully inadequate, especially for the WHO FCTC











Rebut economic myths



Tobacco industry says	Health economists say
Tobacco control will lead to job and business losses for farmers, factory workers, retailers, the hospitality industry and other businesses, and governments	NOT TRUE
The creation of smoke-free areas will cause loss of income for restaurant owners.	NOT TRUE
TAPS bans will severely affect the advertising industry	NOT TRUE
Increasing tobacco taxes will harm the poor and increase illicit trade	NOT TRUE



these mistaken economic arguments are the major obstacle to tobacco control.

Emphasize cost effectiveness NCD/Tobacco control:

Priority actions for the NCD crisis will prevent millions of premature NCD events every year

	Interventions	Cost per person per year (US\$)		
		China	India	Russia
1. Tobacco use	Accelerated implementation of the WHO Framework Convention on Tobacco Control	0.14	0-16	0.49
2. Dietary salt	Mass-media campaigns and voluntary action by food industry to reduce consumption	0-05	0-06	0.16
3. Obesity, unhealthy diet, and physical inactivity	Mass-media campaigns, food taxes, subsidies, labelling, and marketing restrictions	0-43	0-35	1.18
4. Harmful alcohol intake	Tax increases, advertising bans, and restricted access	0-07	0-05	0-52
5. Cardiovascular risk reduction	Combination of drugs for individuals at high risk of NCDs	1-02	0-90	1.73
Total cost per person*	_	1.72	1-52	4.08

Table: Estimated costs of five priority interventions for non-communicable diseases (NCDs) in three countries

Frame within NCDs: 60% Global Deaths

Major NCD	Major modifiable causative Risk Factors			
	Tobacco Use	Unhealthy Diet	Physical Inactivity	Harmful Use of Alcohol
Heart Disease & Stroke	٧	٧	٧	٧
Diabetes	٧	٧	٧	٧
Cancer	٧	٧	٧	٧
Chronic Lung Disease	٧			



Source: WHO, 2010

Now need more nuanced targets due to E-cigarettes and HeatNotBurn Much dissent, but ALL AGREE:



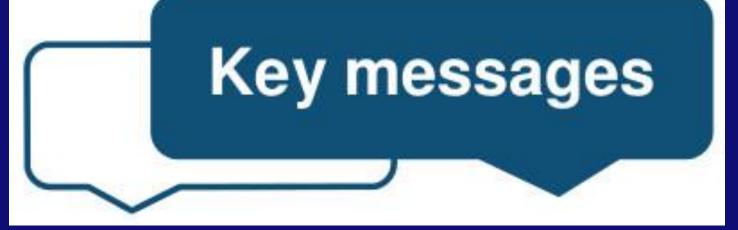




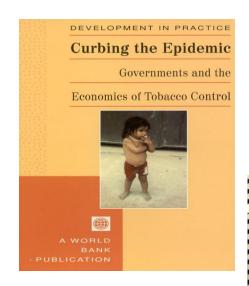
- 1. Include e-cig and HNB in all monitoring of tobacco: prevalence, harm, attitudes, etc.
- 2. Monitor safety and effect.
- 3. Require disclosure of ingredients (or government testing), and set standards.
- 4. Ban promotion of all unproven health claims.
- 5. Ban marketing and sales to youth.
- 6. Require warning labels on packets.
- 7. Ban in smoke-free areas
- 8. Urgent need for behavioural research on ?gateway ?quit

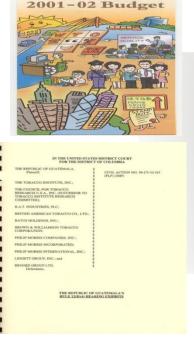
6. Key lessons learned to reduce tobacco epidemic





Traditional Medical Model Not Enough





Highlights of the



muggling



Need to intervene throughout tobacco cycle



GROWING

- · Regulate pesticide use
- · Provide occupational safety and health safeguards for farmers
- · Protect the environment from tobacco curing driven deforestation practices
- · Prohibit all incentives and subsidies to grow tobacco



MANUFACTURING · Ensure safe manufacturing

- · Set product standards, including
- regulating nicotine content and additives





DISPOSAL

· Establish litter and environmental clean-up regulations



PRODUCT USE

- · Enforce smoke-free public places (indoor and outdoor)
- · Ban smoking in multi-family dwellings, homes, cars with children as passengers

PURCHASE

STAGES OF TOBACCO REGULATION

DISPLAY



PACKAGING AND LABELING

- · Establish plain/standardized
- packaging as the gold standard
- · Require warning labels, including graphic images
- · Ban "kiddie"-sized packs



MARKETING

- · Ban or restrict advertising, promotion and sponsorships
- · Restrict language suggesting reduced health risk
- · Ban price promotions, including coupons and discounts



POINT OF PURCHASE

- · Require retail licensing
- · Set a minimum age of purchase
- · Ban vending machines

LL. S

· Ban prominent displays in retail environments

TAX POLICIES

- · Increase tobacco excise taxes
- · Require application of tax stamps

to packaging

Lessons learned: Similarities



In spite of differences between countries of population size, income, development and political systems...

- There are similarities of the product, harm, obstacles, action – including endgame scenarios.
- WHO FCTC is proof of this, as it is applicable to all nations.
- Everywhere, need sound, standardised health and economic data to support comprehensive policies, enforcement after legislation, effective health promotion, assistance with cessation, and need decades of persistence.

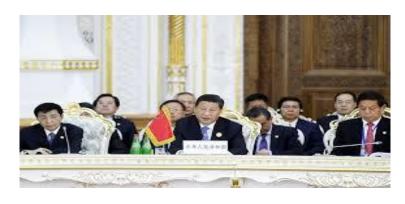


Lessons learned: Political will

 Political will is crucial: this epidemic will never be solved in the corridors of hospitals and clinics, but in the corridors of power.







Important because <u>only</u> governments can mandate an **Endgame**, eg:



- Establish procedures for Endgame target
- Introduce public health legislation
- Implement taxation policy
- Ratify and implement UN treaties, such as the Framework Convention on Tobacco Control (FCTC).



Finally – The tobacco Endgame: Can it be done?

Every historical achievement was preceded by many people saying it couldn't be done, wouldn't work, or would create new problems.









Same said of the Tobacco Endgame...

Benefits of endgame



- Confidence in the belief that epidemic can be beaten.
- Tobacco industry will hate the assumption (on record 2009: prevalence would never fall below 10%).
- Focusses governments on strategies to reach endgame.
- Orderly plan of action.
- No longer need to fight every annual action, eg tax increases.



Ancient & modern strategies

Sun Tzu's "Art of War" Battle Strategies, 500BC



- 1. Measure the distances
- 2. Estimate the expenses
- 3. Evaluate the forces
- 4. Assess the possibilities
- 5. Plan for victory

Thank you!

Fighting for the Endgame!





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